



## CCBHC Stakeholder Advisory Committee January 26, 2016

Iowa Department of Human Services - Mental Health  
and Disability Services and Iowa Medicaid Enterprise

Iowa Department of Public Health

# CCBHC Planning Grant

- The Certified Community Behavioral Health Clinics (CCBHC) grant is a one-year planning grant awarded to the Iowa Department of Human Services (DHS) by the U.S. Department of Health and Human Services Substance Abuse and Mental Health Services Administration (SAMHSA) in October 2015.
- The grant is intended to assist states in improving the behavioral health of their citizens through high-quality, coordinated, community-based mental health and substance use disorder services built on evidence-based practices

# What is a CCBHC?

- A certified community behavioral health clinic (CCBHC) is a behavioral health service provider that provides a specific set of mental health and substance use disorder services.
- Services are provided without regard to:
  - place of residence
  - insurance status or
  - court-ordered status
- Care coordination provided with an enhanced set of services is a key feature of the CCBHC model.

# Iowa's Planning Grant Activities

- Participate in SAMHSA planning groups
- Incorporate input from the Stakeholder Advisory Group in planning activities
- Determine Certification process for potential CCBHCs
- Develop prospective payment system (PPS)
- Provide technical assistance (TA) and training opportunities on evidenced based practices (EBPs)
- Form a grant governance team with representatives of state agencies
- Apply for the CCBHC Demonstration Program

# SAMHSA Planning Groups

- Four planning groups cover Certification, PPS, Statewide Coordination and Data Collection
- Each planning group meets monthly with representation from the 24 states awarded the planning grant
- Planning groups are a chance for states to learn from each other
- Iowa is represented at each planning group by a member of the grant governance team

# CCBHC Certification

- Providers eligible for certification are providers who meet the standards of:
  - Community Mental Health Centers (CMHCs),
  - Mental Health Service Providers (MHSPs), or
  - Substance Use Disorder providers
- Iowa is required to certify at least one rural and one urban clinic
- Iowa has agreed to certify between 2-4 clinics during the planning period
- Providers interested in being certified must complete an application process which is in development
  - Readiness Assessment is now available on MHDS website

# CCBHC Program Requirements

- CCBHCs must meet the following program requirements:
  - Appropriate staffing for consumer population
  - Available and accessible services
  - Care coordination
  - Provide all nine SAMHSA required services
  - Participate in data collection and quality improvement activities
  - Organizational authority
    - Nonprofit, Part of a local behavioral health authority, Indian Health Service or Urban Indian organization
    - 51% of clinic's advisory or governance team must be individuals or families with lived experience

# CCBHC Required Services

- Must be able to provide required services either directly or through designated collaborating organizations (DCO):
  - Crisis behavioral health services(unless there is an existing state-sanctioned alternative, services will be provided directly by the CCBHC)
  - Screening, assessment, and diagnosis (directly)
  - Person-centered and family-centered treatment planning (directly)
  - Outpatient mental health and substance use services (directly)
  - Primary care screening and monitoring (directly or DCO)
  - Targeted case management services (directly or DCO)
  - Psychiatric rehabilitation services (directly or DCO)
  - Peer support, peer counseling, and family/caregiver support (directly or DCO)
  - Services for members of the armed forces and veterans (directly or DCO)



# Prospective Payment System

- Each clinic's rate will be a daily rate for all services provided within a day that is based on actual and estimated costs
- Rate must work within managed care structure
- SAMHSA/CMS is providing guidance through the planning group for development of a rate reimbursement system
- Clinic's rate must be approved by the state

# Evidence Based Practices

- Each clinic will be required to provide specific EBPs chosen by the state with stakeholder input
- Trainings on the chosen EBPs will be available to potential CCBHC providers and other interested providers
- More intensive trainings will be available for the selected clinics
- Trainings will be held in multiple service regions to increase accessibility
- Iowa identified six potential EBPs to present for stakeholder input

# Demonstration Program

- Eight of the 24 states participating in the planning grant will be selected for the demonstration program
- The demonstration program will begin in 2017 and last two years
- States have the option of beginning the two year period starting with notification of grant award in January 2017 and no later than July 1, 2017
- States are required to collect and report data from CCBHCs and selected comparison groups
- Data will be used to determine the effectiveness of the CCBHC program

# Contact Information

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- CCBHC documents, meeting notices, and updates will be located on the DHS website
- <http://dhs.iowa.gov/mhds/mental-health/ccbhc>